



The 1 Page Podcast Plan

Build authority. Own your audience. Skip social media burnout.

[Start Here](#)

You shouldn't feel stuck producing content that disappears. Follow this plan, and you'll be quickly and easily crafting long-lasting authority assets.

STEP 2 - CONNECT

Voice-First Foundation
Record authority-building audio using simple, accessible tools.

STEP 4 - GENERATE

The Authority Content Engine
Turn real patient questions into evergreen episodes.

STEP 6 - DISTRIBUTE

Platform Independence
Build an audience you own - not rented through other platforms.

The Authority Freedom Promise

- Escape social media burnout
- Build authority assets that compound for years
- Own your audience through platform independence
- Save \$18,000+ annually in social media costs
- Attract premium, pre-sold clients
- Restore professional dignity

STEP 1 - CLAIM

Your Authority Position
Define who you help and why your expertise matters.

STEP 3 - CREATE

The S.A.V. Framework
Structure every episode with Story, Authority, and Value.

STEP 5 - RECORD

The 30-Minute Weekly System
Record & publish one lasting authority asset in 30 minutes a week.

STEP 7 - CONVERT

Premium Client Acquisition
Turn authority into pre-sold, premium patients and clients.

This isn't just a podcast system. It's your exit strategy from algorithm prison - and your path to authority freedom.

TheAuthorityPlan.com